# The New Jersey Small Employer Health Benefits Program

## **BUYER'S GUIDE**



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The Small Employer Health Benefits Program

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## **Introduction Purpose of this Buyer's Guide**

This Buyer's Guide provides explanations of the basic rules governing the purchase of health coverage by small employers in New Jersey. The Buyer's Guide includes frequently asked questions along with responses to the questions.

The Buyer's Guide can help you determine if your business qualifies for coverage in the New Jersey small employer market. For those businesses that qualify for small employer coverage the Buyer's Guide and associated premium rates information offer some basic descriptions of the many coverage options that are available to small employers in New Jersey.

Please note: The rules discussed in this Buyer's Guide apply to the purchase of small employer coverage in the state-regulated small employer market. For information regarding the federally-regulated Small Business Health Options Program (SHOP) visit <a href="www.healthcare.gov">www.healthcare.gov</a>.)

#### **Laws Governing Small Employer Health Benefits Plans**

Enacted in 1992, the New Jersey Small Employer Health Benefits Program Act (SEH Act) (N.J.S.A. 17B:27A-17 et seq) has provided significant protections to New Jersey small employers since 1994. Through the years, the SEH Act has been amended by State laws as well as Federal laws. Since 1996, standards regarding privacy and security of health information have been governed by the federal Health Insurance Portability and Accountability Act (HIPAA). Various mandated requirements of the federal Patient Protection and Affordable Care Act (PPACA) became effective starting in 2010 with the most recent requirements becoming effective beginning in January 2014.

#### **Overview of Small Employer Health Benefits Program**

As of January 2014, the Small Employer Health Benefits Program (SEH Program) defines a small employer as an employer with at least one but not more than 50 employees. The rules for counting employees are explained in the Eligibility section of this Buyer's Guide. Generally, small employers must satisfy participation and contribution requirements.

Although there are two ways an employer can qualify as a small employer, some businesses will not be able to qualify as small employer and thus cannot buy SEH Program coverage. Those businesses may purchase health coverage through the Individual Health Coverage Program. See the <a href="IHC Program's Buyer's Guide">IHC Program's Buyer's Guide</a> for more information.

#### **Eligibility**

#### What is a Small Employer?

An employer that satisfies the requirements of <u>either</u> part one or part two of the definition below is a small employer in New Jersey.

#### "Small employer" means:

- 1. Any person, firm, corporation, partnership, or political subdivision that is actively engaged in business that employed an average of at least one but not more than 50 eligible employees on business days during the preceding calendar year and who employs at least one eligible employee on the first day of the plan year; or
- 2. An employer with a business location in the state of New Jersey who employed an average of at least one but not more than 50 <u>employees</u> on business days during the preceding calendar year; and who employs at least one <u>employee</u> on the first day of the plan year.

With respect to parts one and two of the definition above, any person treated as a single employer under subsection (b), (c), (m) or (o) of section 414 of the Internal Revenue Code of 1986 (26 U.S.C. § 414) shall be treated as one employer.

Note the emphasis to <u>eligible employees</u> in part one of the definition and to <u>employees</u> in part two the definition.

#### What is an Eligible Employee?

The term "eligible employee" is used in part one of the definition of small employer.

Eligible employee means a full-time, bona fide employee who works a normal work week of 25 or more hours. The term **excludes** a sole proprietor, a partner of a partnership, or an independent contractor. Eligible employee **excludes** both the husband and the wife in a husband and wife business. Eligible employee also **excludes** employees who work less than 25 hours a week, employees who work on a temporary or substitute basis and employees participating in an employee welfare arrangement pursuant to a collective bargaining agreement.

#### **How to Count**

When counting <u>eligible employees</u>, first identify all bona-fide employees who work a normal work week of 25 hours or more. A bona-fide employee is an employee who is paid at least the minimum wage. Each such employee counts as 1. From the total number of employees working 25 or more hours per week *subtract* the number of employees who work 25 or more hours per week but who work on a temporary or substitute basis. Also *subtract* any employees working 25 or more hours per week who belong to a labor union and who are covered under the plan provided by the labor union. If the result is at least one but not more than 50, the employer is a small employer under part one of the definition of small employer.

Although eligible employee <u>excludes</u> sole proprietors, partners of partnerships, as well as husbands and wives in husband-wife businesses such persons may nevertheless be covered under a small employer plan provided the employer has at least one but not more than 50 eligible employees. Note that independent contractors, employees working fewer than 25 hours per week, employees working on a temporary or substitute basis or participating in an employee welfare arrangement pursuant to a collective bargaining agreement <u>cannot</u> be covered under a small employer plan.

#### What is an Employee?

The term "employee" is used in part two of the definition of small employer.

Employee means an individual who is an employee under the common law standard as described in 26CFR 31.3401(c)-1(b). Employee **excludes** a sole proprietor, a partner in a partnership and more than a two percent shareholder in a Subchapter S corporation as well as immediate family members of such individuals. Employee also excludes a leased employee.

#### **How to Count**

When counting employees first count the number of employees who work 30 or more hours per week. These employees are considered full-time employees. Each full-time employee counts as one. Next consider employees who work fewer than 30 hours per week. These employees are considered part-time employees. To count part time employees *add* the number of hours each of the part time employees work then *multiply* that sum by four. Next, *divide* that product by 120 and *round* the result down to the nearest whole number. That number is the number of part time employees used in the determination of whether the employer is a small employer. *Add* the number of full-time employees to the number that results from the part-time employee calculation, and if the sum is at least one but not more than 50, the employer shall be considered to be a small employer under part two of the definition of small employer.

Although employee excludes sole proprietors, partners of partnerships, and more than a two percent shareholder in a Subchapter S corporation as well as immediate family members of such individuals, such persons may be covered under a small employer plan provided the employer has at least one but not more than 50 employees. A leased employee <u>cannot</u> be covered under a small employer plan.

#### What happens if the employer is just starting in business?

If an employer was not in existence during the preceding calendar year, the determination of whether the employer is a small or large employer shall be based on:

- 1. the average number of <u>eligible employees</u> that it is reasonably expected that the employer will employ on business days in the current calendar year with respect to small employers that meet part one of the definition of small employer; or
- 2. the average number of <u>employees</u> that it is reasonably expected that the employer will employ on business days in the current calendar year with respect to small employers that meet part two of the definition of small employer.

Refer to the definitions of eligible employee and employee when considering the average number of eligible employees or employees the employer is expected to employ.

#### **Redetermination of Eligibility**

Once a health benefits plan has been issued to a small employer the size of a small employer shall be determined annually. Except as otherwise specifically provided, an employer shall continue to be treated as a small employer until the plan anniversary following the date the small employer no longer meets the requirements of the small employer definition.

#### **Participation and Contribution Requirements**

#### **Participation Requirement**

At least 75 percent of the eligible employees must be covered under the small employer health benefits plan the employer is offering or covered under one of the following:

- 1. any fully insured health benefits plan offered by the small employer;
- 2. Medicare;
- 3. Medicaid or NJ FamilyCare;
- 4. another group health benefits plan;
- 5. a spouse's group health benefits plan; or
- 6. Tricare.

Note that coverage under an individual health benefits plan does **not** count toward satisfaction of the 75% participation requirement.

A carrier is **not** required to give participation credit for those eligible employees who are covered under another carrier's contract issued to the same employer.

A carrier must offer <u>at least one policy</u> to a small employer's group if the employer meets the participation requirements. A carrier may permit a small employer to offer more than one of the carrier's small group health benefits policies to employees; however, the carrier may limit the number of additional policies it will issue, based on the carrier's "underwriting guidelines" available on the SEH Board's website

(http://www.state.nj.us/dobi/division\_insurance/ihcseh/shop\_seh.htm). If a carrier has not provided underwriting guidelines to the SEH Board for posting, then the carrier does not limit the number of policies it will issue to a small employer's group.

#### **Group Health Plan**

A "group health plan" means an employee welfare benefit plan, as defined in Title I of section 3 of Pub.L.93-406, the "Employee Retirement Income Security Act of 1974" (29 U.S.C.s.1002(1)), to the extent that the plan provides medical care, including items and services paid for as medical care to employees or their dependents directly or through insurance, reimbursement or otherwise. Most plans offered by employers are considered group health plans, including small employer health benefits plans. However, for purposes of calculating participation, the term group health plan does not include the self-funded plans offered by the same employer, and is not required to include employees covered under policies issued by another carrier to the same employer (see the carrier's underwriting guidelines, if any, available on the SEH Board's website).

#### **Classes of Employees and Participation**

An employer is permitted to limit the offer of coverage to employees by class, subject to some limitations. Classes must be based on bona fide conditions of employment – for instance, hours worked per week, salary versus hourly wage, or union versus non-union.\* But for purposes of meeting the participation requirement, all eligible employees are considered in the count. For example, if an employer with 30 eligible employees – 15 of whom work 35 hours per week and 15 of whom work 30 hours per week – wants to offer coverage only to employees working 35 hours per week, the employer may do so, but the group must meet the participation requirement based on 30 eligible employees. Thus, at least 23 employees must be covered under the employer's group health plans(s) or another group health plan, Medicare, Medicaid or NJFamilyCare or Tricare for the employer to meet the participation requirement.

\*Please note: beginning in 2011, federal law makes most group health plans that unfairly discriminate in favor of highly compensated employees subject to tax and other potential penalties. However, the Internal Revenue Service has stated in Notice 2011-1 that it will not require employers to comply with the requirement until the agency has adopted regulations regarding nondiscrimination in favor of highly compensated individuals.

#### **Changes in a Carrier's Underwriting Guidelines**

A carrier may change its underwriting guidelines. Any revisions will be posted on http://www.state.nj.us/dobi/division\_insurance/ihcseh/shop\_seh.htm, and will apply only to new business or renewals with plan changes occurring on or after the date the revisions to the guidelines are effective.

#### **Exception to the 75% Participation Requirement**

The 75% participation requirement does **not** apply to applications received during the Employer Open Enrollment Period which takes place from November 15 through December 15 each year.

#### **Contribution Requirement**

A small employer is required to pay 10 percent of the total cost of a health benefits plan issued to the employer's group. A small employer may, of course, elect to pay a greater percentage – up to 100 percent – but a carrier may not require the employer to pay more than 10 percent as a condition of issuing the small employer a small group health benefits plan.

Note that the employer's contribution obligation is based on the total cost of the health benefits plan, not just the cost related to employees or a class of employees. For example, if the total cost of a plan for all employees and dependents is \$10,000 per year, the minimum employer contribution would be \$1,000 per year.

For purposes of insurance law, it is possible for an employer to limit its contributions to the group premium by class of employee or by employee coverage only (thus, requiring some classes of employees to pay more of the premium than other classes, or requiring employees to pay the full cost of dependent coverage, if offered). However, the employer's contribution obligation remains at least 10 percent of the total cost for the health benefits plan.

#### **Exception to the 10% Contribution Requirement**

The 10% contribution requirement does <u>not</u> apply to applications received during the Employer Open Enrollment Period which takes place from November 15 through December 15 each year.

Remember that New Jersey law defines an individual health benefits plan as including a certificate where the eligible person pays the premium. In order for the coverage to be considered group coverage the employer will need to contribute some amount toward the group premium.

#### Service Area

Since carriers selling network based small employer plans are not required to cover an employee that does not live, work, or reside in the small employer carrier's service area it is important for small employers to check whether the service area meets the needs of the eligible employees and their dependents.

This means if a New Jersey small employer has a location in another state and several of the eligible employees work at that location and live in the state of that location, those employees and their dependents can be covered under the small employer group plan provided that other state is inside the carrier's service area. If the other location is outside the carrier's service area employees and dependents in that location cannot be covered under the small employer plan.

#### **Enrollment Periods for Employers and for Employees**

#### Small Employer Coverage Maybe Purchased Throughout the Year

An employer may submit an application for small employer coverage at any time. If the employer qualifies as a small employer, as defined, and satisfies the 75% Participation Requirement and the 10% Contribution Requirement, the small employer plan will be issued with an effective date that will be determined based on the date the application and all supporting documentation is provided.

If the employer qualifies as a small employer but does not satisfy the participation and/or contribution requirements the employer can buy small employer coverage if the employer applies during the Employer Open Enrollment Period as discussed below.

#### **Employer Open Enrollment Period**

The Employer Open Enrollment Period is the period from November 15 through December 15 each year. During this period, employers that meet the definition of small employer but do not meet the 75% Participation Requirement or the 10% Contribution Requirement will be accepted for a small employer plan. The effective date of the small employer plan will be January 1 of the year immediately following the Employer Open Enrollment Period.

#### **Initial Opportunity for Employees to Enroll**

An employee has a 30-day opportunity to enroll for coverage measured from the date the employee is first eligible to enroll. New employees can enroll throughout the year, provided they enroll during the initial 30-day period.

#### **Employee Open Enrollment Period**

The Employee Open Enrollment Period is the 30-day period each year designated by the small employer. The 30-day Employee Open Enrollment Period is the **only** time during which employees and dependents who are eligible under the small employer's plan but who are *late enrollees*, see definition below, may enroll for coverage under the small employer's plan. It is also the time during which employees and dependents that are covered under the small employer's plan may elect coverage under a different policy, if any, offered by the small employer.

#### **Special Enrollment Period**

A special enrollment period follows a *triggering event* (triggering event is defined below) and provides an additional opportunity for late enrollees to enroll for coverage under the small employer's plan. In addition, eligible employees and dependents that already have coverage are allowed to replace current coverage with a different plan, if any, offered by the small employer.

#### **Late Enrollees, Triggering Events and Late Enrollee Exceptions**

#### Late Enrollee

A Late Enrollee means an eligible employee or dependent that requests enrollment in a small employer health benefits plan after the end of the 30-day enrollment period provided under the small employer's plan.

#### **Triggering Events**

The following dates qualify as triggering events. The Special Enrollment Period begins on the date of the event and lasts for either 30 or 60 days following the event, as stated below.

- 1) The date an eligible employee or dependent loses eligibility for minimum essential coverage, including a loss of coverage resulting from the decertification of a qualified health plan by the marketplace. A loss of coverage resulting from nonpayment of premium, fraud or misrepresentation of material fact shall not be a Triggering Event. The Special Enrollment Period lasts for 30 days following this event.
- 2) The date an eligible employee acquires a dependent or becomes a dependent due to marriage, birth, adoption, placement for adoption, or placement in foster care. The Special Enrollment Period lasts for 30 days following this event.
- 3) The date an eligible employee's enrollment or non-enrollment in a qualified health plan is the result of error, misrepresentation or inaction by the federal government. The Special Enrollment Period lasts for 30 days following this event.
- 4) The date an eligible employee or eligible dependent demonstrates to the marketplace that the qualified health plan in which he or she is enrolled substantially violated a material provision of its contract in relation to the enrollee. The Special Enrollment Period lasts for 30 days following this event.
- 5) The date the eligible employee or dependent gains access to new qualified health plans as a result of a permanent move. The Special Enrollment Period lasts for 30 days following this event.
- 6) The date the eligible employee or dependent loses or gains eligibility under Medicaid or NJFamilyCare. The Special Enrollment Period lasts for 60 days following this event.
- 7) The date of a court order that requires coverage of a dependent.

#### **Late Enrollee Exceptions**

If an eligible employee initially waived coverage under the small employer's plan and stated at that time that such waiver was because he or she was covered under another group plan, and the employee subsequently elects to enroll under the small employer's plan, the employee and his or her dependents will **not** be Late Enrollees.

The employee is not considered to be a Late Enrollee and may enroll under the small employer's plan within 90 days of the date any of the events described below occurs.

- 1) termination of employment or eligibility;
- 2) reduction in the number of hours of employment;
- 3) involuntary termination;

- 4) divorce or legal separation or dissolution of the civil union or termination of the domestic partnership;
- 5) death of the eligible employee's spouse;
- 6) termination of the policyholder's contribution toward coverage; or
- 7) termination of the other plan's coverage.

#### **Waiting Period**

The waiting period is a period of time that must pass before coverage of an otherwise eligible employee and his or her dependents, if any, will become effective. A small employer may request that a waiting period be applied to employees however; the waiting period cannot exceed **ninety days.** Waiting periods may be applied by class of employee based upon conditions pertaining to employment (examples include number of hours the employees work, salaried v. hourly, union v. non-union).

Since the waiting period is a period of time that must pass, any breaks in service to not affect the satisfaction of the waiting period. Thus, if the employee continues to be an employee through the waiting period, the coverage will become effective once the waiting period ends.

If an employer wishes to apply a period during which performance of a new employee is evaluated, the employer may require that new employees satisfy an orientation period, as explained below. If an employer applies an orientation period, the waiting period begins on the first day after the orientation period ends.

#### **Orientation Period**

The orientation period is a period of no longer than **one month** during which the employer and employee determine whether the employment situation is satisfactory for each party and any necessary orientation and training processes commence. Generally, one month is determined by adding one calendar month and subtracting one calendar day, measured from an employee's start date in a position that is otherwise eligible for coverage.

#### **SEH Program Features for Health Benefits Plans**

All small group health benefits plans must meet certain minimum requirements that are "SEH Program features." Small group health benefits plans must:

| $\checkmark$ | Be | guaranteed | issue; |
|--------------|----|------------|--------|
|--------------|----|------------|--------|

- ☑ Be guaranteed renewable;
- ✓ Comply with restrictions on rating criteria and standards;
- ☑ Include rights of coverage continuation for members of groups not governed by COBRA; and
- ☑ Be standard plans (at the option of the employer, such plans may include one or more riders offered by the carrier in the SEH market).

#### **Guaranteed Issue**

A carrier may not refuse to issue a small group health benefits plan to any small employer or any member of the group for which the small employer is purchasing coverage because of anyone's health, prior claims experience, age, gender, occupation, nature of the business, or the location of the business in New Jersey.

#### **Guaranteed Renewal**

In general, a small employer may continue to renew a small group health benefits plan at the discretion of the small employer.

A carrier may nonrenew a small employer health benefits plan ONLY if:

- ☑ The employer fails to provide the completed Employer Certification as required (Note: the Employer Certification is required annually.);
- ☑ The employer ceases to be eligible because it no longer has at least one eligible employee;
- ☑ The small employer is no longer eligible because it fails to meet contribution requirements or fails to meet participation requirements; or
- Following the approval of the Commissioner of the New Jersey Department of Banking and Insurance, the carrier withdraws the health benefits plan from the small employer market.

In addition, if the small employer has obtained coverage through membership of the business entity in an association, the carrier may nonrenew the health benefits plan if the business is no longer eligible for the association membership, or the small employer chooses to discontinue membership. Nonrenewal occurs only upon the anniversary date of the coverage and only after appropriate notice is provided to employers.

When a small employer grows to more than 50 eligible employees, the carrier will renew the small employer policy at the employer's request, but the premiums may no longer be the carrier's SEH market rates. If the employer changes the policy *in any way*, the employer loses the protections (and restrictions) arising from small employer status entirely. The carrier may offer the employer the opportunity to buy a large group policy that would use different rating methodologies and might apply different participation and different contribution requirements to the employer.

Of course, regardless of the employer's status, a carrier may terminate the coverage if the employer fails to pay premiums timely or has acted fraudulently or intentionally made material misrepresentations of information relevant to the issuance of the health benefits plan. In such cases, termination can occur immediately.

#### **Rates**

Carriers use modified community rates for small employer plans. Rates are not based upon the actual or expected claims history of any particular person or persons in the small employer group. In addition, carriers do not rate based on gender and there is no special rate for smokers versus non-smokers.

Carriers use age and geography as a rating factor for small employer plans. Starting in 2014, carriers are required to use a child rate for ages 0 through 20 years old, and then incrementally increases rates every year from age 21 through 64. Each carrier must set its rates so that its highest rate is not more than 2 times its lowest adult rate for a specific individual plan. (This is referred to as a 2:1 rate band.)

Each eligible employee covered under a small employer plan is rated individually, except that a family is not charged for more than three children under the age of 21, even if they cover more than three children under the age of 21. If a family has two adults (one being 45 years old and the other being 42 years old) and four children under the age of 21, to determine the monthly cost of a plan to cover the entire family, the family would add the monthly premium for each adult and add the child premium for three children to get the total for the family's monthly premium, as follows:

45 year old premium + 42 year old premium + child premium + child premium + child premium = family premium

The rate for the small employer group is the sum of the rates for each eligible employee and any dependents.

The New Jersey Small Employer Health Benefits Program publishes information to enable small employers to calculate the monthly rates for a small employer group. There is also a calculator

available to help small employers calculate the monthly premium for any small employer plan.

#### **Rating Errors**

If a carrier discovers that it has undercharged a small employer, the carrier must provide the small employer with notice of the error at least 60 days prior to charging the small employer group the corrected premium amount. The carrier is <u>not</u> permitted to try to collect or offset for the undercharges.

If a carrier discovers that it has overcharged a small employer, the carrier must stop doing so immediately, provide notice to the small employer about the overcharges as soon as possible, and refund or credit the full amount of the overcharges to the small employer within no more than 30 days after discovering the error. (See N.J.A.C. 11:21-9.6).

#### **Continuation of Coverage**

Small employer health benefits plans contain continuation of coverage provisions that may be exercised when certain covered persons lose eligibility. Some small employers will be subject to the continuation rights established by the federal law referred to as <u>COBRA</u>. Most small employers will be subject to the continuation rights established by New Jersey law, referred to as the New Jersey State Group Continuation (NJSGC) right. The laws are similar, but there are some differences. In addition, New Jersey law sets forth a special continuation right for certain employees that terminate employment due to total disability.

#### Brief comparison of COBRA and NJSGC

#### Both **COBRA** and NJSGC:

- Establish continuation rights for most of the same groups of qualified beneficiaries employees, spouses and child dependents if covered under the health benefits plan immediately preceding the qualifying event.
- Establish continuation rights as the result of most of the same types of qualifying events.
- ☑ Establish continuation periods of the same duration.
- Permit the employer to require that the person who elects to continue the coverage pay 100 percent of the cost of the coverage, plus a 2 percent administrative fee (that is, 102 percent of the cost).

#### NJSGC *differs* from <u>COBRA</u> in that:

COBRA entitles a former employee's spouse to maintain the continued coverage for the duration of the continuation period even after the former employee enrolls in Medicare, but NJSGC does not.

- ☑ COBRA applies to employers with 20 or more employees, with some exceptions (such as church plans).
- ☑ NJSGC applies to employers with one to 50 employees, including employers to whom COBRA does not apply, if the employer purchases a small group health benefits plan.

Groups with 20 to 50 eligible employees must comply with *both* COBRA and NJSGC. A group with 20 to 50 eligible employees must allow a former employee's spouse to maintain continued coverage even after the former employee enrolls in Medicare because COBRA provides that protection to spouses, although NJSGC would not require it. In addition, church plans of employers with one to 50 employees must comply with NJSGC, even though they do not have to comply with COBRA at all. For more detail, refer to Advisory Bulletin 07-SEH-02, at <a href="http://www.state.nj.us/dobi/division\_insurance/ihcseh/bulletins/sehblt07\_02.pdf">http://www.state.nj.us/dobi/division\_insurance/ihcseh/bulletins/sehblt07\_02.pdf</a>

The information that follows is specific to the NJSGC. For more information about COBRA, see "An Employee Guide to Health Benefits Under COBRA," published by the Employee Benefits Security Administration of the U.S. Department of Labor (available online at: <a href="http://www.dol.gov/ebsa/pdf/cobraemployee.pdf">http://www.dol.gov/ebsa/pdf/cobraemployee.pdf</a>).

#### Employees, qualifying events and duration of continued coverage

The NJSGC requirement specifies that an employee be given the option to continue coverage when:

- $\square$  the employee is terminated for reasons other than cause;
- ☑ the employee's hours are reduced, causing him or her to be ineligible for the small group coverage; or
- ☑ the employee ends employment.

An employee is entitled to continue the coverage he or she had immediately prior to his or her ineligibility, including covering dependents that were covered prior to the employee's ineligibility. An employee is entitled to continue coverage for 18 months, unless he or she is disabled within 60 days after the qualifying event, in which case, he or she may continue coverage for 29 months. The determination of disability is made by the Social Security Administration.

#### Dependents, qualifying events and duration of continued coverage

The NJSGC only specifies that a covered spouse, civil union partner or domestic partner be given the independent option to continue coverage when he or she would otherwise lose eligibility for coverage because of:

- ☑ Death of the covered employee; or
- Divorce or other legal action that results in termination of the marriage, or dissolution of the civil union or domestic partnership with the covered employee.

The NJSGC only specifies that a covered child dependent be given the independent option to continue coverage because of:

- ☑ Death of the covered employee;
- Divorce or other legal action that results in termination of the marriage, or dissolution of the civil union or domestic partnership with the covered employee; or
- The child ceases to be an eligible dependent (for instance, because s/he marries or attains the policy's limiting age for dependent children).

When a dependent makes a continuation election, he or she is entitled to continue coverage for up to 36 months.

#### Limits on the duration of coverage

Continued coverage pursuant to NJSGC may end earlier than the prescribed continuation period if:

- ☑ the employer ceases to offer any health benefits plan;
- ☑ the covered person fails to make appropriate payment (subject to a 31-day grace period);
- the covered person becomes covered under another health benefits plan that applies no pre-existing condition limitation to the covered person and anyone else under the continued health benefits plan; or
- ☑ the covered person becomes entitled to <u>Medicare</u>.

#### **Employer's obligation**

Employers have a legal obligation to notify their employees of the right to continue coverage at the time of termination or at the time the employee assumes part-time status. An employer has an obligation to remit the premium paid to the employer by the employee/former employee or dependent on continuation as part of the employer's regular premium payment. In other words, the employer is obligated to serve as a conduit for the premium payment to the carrier. However, employers are <u>not</u> required to contribute to the premium or otherwise "front" the money for the continuee.

#### Continuation in the event of total disability

New Jersey law (N.J.S.A. 17B:27-51.12 and N.J.S.A. 17:48E-32) requires that when a covered employee terminates employment due to total disability, the employee may continue coverage (including coverage for his or her dependents) under the group's health benefits plan. The employee must have been covered under the health benefits plan at least three months prior to termination of employment. The employee may be required to pay the group rate for the continued coverage. An election must be made within 31 days after the date the coverage would otherwise terminate. An employee's eligibility for Medicare does not limit the right to continue coverage under the group health benefits plan.

Under this election, continued coverage will end:

- for the employee and any covered dependents if the employee fails to pay the required premium
- for the employee and any covered dependents when the employee is again employed and eligible for another group health plan
- for a dependent when that dependent stops being an eligible dependent or becomes eligible for another group health plan
- for the employee and any covered dependents if the employer ceases to offer a group health benefits plan to all employees.

In the event the employer replaces the group health benefits plan with another such plan, the disabled employee has the right to become covered under the replacement group health benefits plan.

Please note: **all** small employer health benefits plans have terms and conditions that address this New Jersey continuation requirement, including those offered by HMOs. However, in the larger group market, New Jersey law does not require HMO's to provide continuation coverage specifically for termination due to total disability.

#### **Other Important Features**

#### **Domestic Partners and Civil Union Partners**

New Jersey law currently recognizes domestic partnerships and civil unions in addition to marriages between individuals of opposite gender. Civil unions may be created only among individuals of the same gender. Domestic partnerships include individuals of the same gender or of opposite genders, but for purposes of health coverage, only same-gender domestic partnerships are considered. Note that same-gender domestic partnerships are no longer formed as a matter of law in New Jersey as of February 19, 2007.

In general, the rights of spouses and partners of civil unions are the same for purposes of health coverage under New Jersey law. If an employer offers dependent coverage to employees, the employer must permit an employee to cover a civil union partner. Employers do not have to offer coverage to domestic partners when offering coverage to spouses or partners of civil unions. However, when an employer opts to offer coverage to domestic partners, the employer must treat all domestic partners consistently.

Neither an employer nor a carrier may discriminate in the coverage of a child the employee claims as a dependent based on whether the child becomes a dependent of the employee pursuant to birth, adoption, marriage, civil union or domestic partnership.

#### "Dependent Under 31" Continuation Election

New Jersey law permits an employee's child who no longer qualifies as a child dependent under the terms of an employer's health benefits plan to elect to remain covered as an "over-age" dependent until the child's 31<sup>st</sup> birthday, so long as s/he meets the other eligibility requirements associated with the "Dependent Under 31" continuation election. In the case of a child who is aging-out of a parent's coverage at age 26, the Dependent Under 31 continuation election right is *in addition to* the aging-out child's right to make either a COBRA or NJSGC election. Thus, upon aging-out on his or her 26<sup>th</sup> birthday (or such later date as may be stated in the health benefits plan), a child covered under a small employer health benefits plan may make a continuation election pursuant to COBRA or NJSGC with the expectation of continuing coverage for up to 36 months, or may make a Dependent Under 31 (DU31) election with the expectation of continuing coverage until age 31, so long as he continues to be DU31-eligible.

An over-age child may make a DU31 election upon loss of the group coverage as a result of turning age 26 as well as during the employee enrollment period or any special enrollment period that may occur prior to the attainment of age 31.

The cost of continuing coverage pursuant to a DU31 election will be determined by the age of the dependent.

#### **Appealing Unfavorable Medical Necessity Decisions**

The SEH Program health benefits plans permit carriers to consider whether many of the services covered under the contract or policy are medically necessary and appropriate for purposes of treatment of the covered person's condition. If a carrier determines that a service is not medically necessary and appropriate (including determinations that the service is experimental or investigational, cosmetic, or dental instead of medical), the covered employee or dependent has the right to appeal the unfavorable determination.

In New Jersey, carriers are required to have a two-stage internal appeal process. In addition, if the outcome continues to be unfavorable and the employee or dependent continues to disagree, the appeal may be taken to an external independent utilization review organization through the <a href="Independent Health Care Appeals Program">Independent Health Care Appeals Program</a>, which is under the auspices of the New Jersey Department of Banking and Insurance.

The covered employee or dependent may authorize a health care provider to make the appeals on behalf of the covered employee or dependent by providing written consent. The small employer does not have to become involved with either the internal or external appeal process.

The New Jersey Department of Banking and Insurance has a more detailed discussion of the right to <u>appeal medical necessity determinations</u> both internally and through the Independent Health Care Appeals Program on the Department's website.

#### The Standard Small Employer Health Benefits Plans

The SEH Program Board of Directors has adopted four standard small employer health benefits plans, generically known as Plans B through E, plus standard HMO and HMO-POS plans.

#### Plans B, C, D and E

| Plans 1 | 3 through   | E all  | provide   | comprehensive     | ınpatıent | and | outpatient | hospital | and | medical |
|---------|-------------|--------|-----------|-------------------|-----------|-----|------------|----------|-----|---------|
| coverag | ge, includi | ng the | following | g health care ser | vices:    |     |            |          |     |         |

| $\checkmark$ | office visits  |
|--------------|--|
| $\checkmark$ | hospital care  |
| $\checkmark$ | prenatal and maternity care  |
| $\checkmark$ | immunizations and well-child care                                      |
| $\checkmark$ | screenings, including mammograms, pap smears and prostate examinations |
| $\checkmark$ | x-ray and laboratory services  |
| $\checkmark$ | mental illness services  |
| $\checkmark$ | substance abuse services   |
| $\checkmark$ | therapy services   |

- prescription drugs
- pediatric dental and vision services

Plans B through E **differ** from one another because of the **cost sharing** they offer – that is, because of the amount of allowed charges for which the carrier agrees to be responsible. Carriers may offer Plans B through E with a variety of **deductible** options among which employers may choose. The plans have specified **coinsurance** levels, with the carrier agreeing to pay 50% or 60% of the allowable charges for Plan B, 70% for Plan C, 80% for Plan D and 90% for Plan E. In 2016 the **MOOP** amount cannot exceed \$6,850 per person for network services and supplies. This amount may be adjusted annually.

#### **Delivery Systems: Network-based Health Benefits Plans**

Plans B through E can offered as several types of network-based products. The products are known as PPO which is the acronym for preferred provider organization, POS which is the acronym for Point of Service and EPO which is the acronym for Exclusive Provider Organization. A PPO or POS product gives a consumer the option to access services in the carrier's network, or go to out-of-network health care providers. The individual receives greater benefits when he or she uses in-network health care providers, and when using in-network providers will not be responsible for any charges in excess of what has been negotiated between the carrier and health care provider. POS products may require members to obtain referrals for various services, but PPO products do not. EPO products are network-only plans, meaning services and supplies are covered only if the person uses a network provider. EPO plans do not cover services of a non-network provider, except in case of medical emergency. With an EPO the carrier may require the person to select a primary care physician (PCP) who generally coordinates the health care services the covered person needs, and provides referrals, as may be required under the EPO plan.

The HMO plan is a network-based product, with services provided through a network of health care providers under contract with the carrier. The HMO Plan is a closed network product, meaning services and supplies are covered only if rendered by in-network providers, except in case of medical emergency. The covered person selects a primary care physician (PCP) who generally coordinates the health care services the covered person needs, or refers the covered person to an in-network specialist when necessary.

HMO Carriers may also offer the HMO Plan as a POS product which is called an HMO-POS plan, which allows an individual to use in-network services, but also allows the option of obtaining services outside of the HMO's network. The individual will have to pay more in out-of-pocket costs, and may incur charges in excess of allowed charges when he or she goes out-of-network.

Some of the network –based plans feature network "tiers." When a member selects the services of a provider in the highest tier the cost sharing is generally lower than if services are provided by another network provider. Whether the provider is in the highest tier or not an individual using a network provider will not be responsible for any charges in excess of what has been negotiated between the carrier and the health care provider.

#### Riders

A rider is a document that changes the terms of a standard small employer health benefits plan. Riders add to the number of coverage options available to employers and their employees by offering a benefit not otherwise covered under the standard plan, or revising the way a service is covered under the standard small employer health benefits plan.

Carriers that offer a rider with a standard plan must offer the rider to all groups who are interested, but the choice to purchase the rider rests with the employer.

#### **Health Savings Accounts and Other Tax-favored Options**

The standard plans can be designed as "high deductible health plans" (HDHP) that may qualify for use with a Health Savings Account (HSA). An HSA permits money to be set aside in a federally tax-favored savings vehicle for subsequent distribution without a federal tax liability if used to pay for qualifying medical expenses, set forth in IRS Publication 502. There are differing minimum and maximum deductible and MOOP amounts that an HDHP must meet to qualify for use with an HSA. Not all plans with high deductibles necessarily qualify as HDHPs. Carriers may market both the HDHP and the savings account, or an employer may purchase an HDHP from a carrier and obtain the savings account through another financial institution. For more information, consult IRS Publication 969. In addition, IRS Publication 969 provides information about other employer-sponsored, federally-tax-favored health accounts, such as Flexible Spending Accounts (FSAs) and Health Reimbursement Arrangements (HRAs), which permit employees to pay for qualified medical expenses using pre-tax dollars.

Please be aware that the calculation of the MOOP for individuals covered under a family plan has changed as of 2016.

#### More about Cost-Sharing Requirements for the Standard Plans

#### **Deductibles**

The deductible is the amount of the allowed covered charges that the covered person must satisfy before the carrier agrees to pay anything towards covered charges. Deductibles are a specified dollar amount, and are usually determined per person and per family when more than one person in a family is covered. The employer may choose among the options available for the per person deductible.

#### Coinsurance

The coinsurance is the percentage of the allowed charges that are shared by the carrier and the covered person after the deductible is satisfied. The carrier and covered person both contribute a specified percentage to the allowed charges until the MOOP amount is satisfied. The MOOP is explained below. Depending upon what plan is chosen, the carrier will pay 50% to 90% of the allowed charges, and the covered person will pay 10% to 50% of the allowed charges until the MOOP amount is reached.

#### **Copayments**

A copayment is a specified dollar amount that a covered person pays per visit, per day or per service. In many plan designs copayments are applied to office visits. A copayment may be applied for each day in the hospital (for a limited number of days). A copayment applies for use of a hospital's emergency department (but the copayment – which is more akin to a penalty – is waived if the person is admitted to the hospital). Copayments accumulate towards the MOOP amount. Services subject to a copayment may not also be subject to coinsurance.

#### **Maximum Out-of-Pocket (MOOP)**

MOOP is the term used to refer to the maximum total amount of covered charges that a covered person is required to pay in a calendar year for health care services before the carrier pays 100% of the covered charges for the remainder of the calendar year. The MOOP is satisfied by the covered charges incurred by the covered person as part of the deductible, coinsurance and copayments required under the health benefits plan. The following do not count towards satisfying the MOOP:

- ☑ Charges incurred by the covered person for services that are not covered under the terms of the health benefits plan.
- ☑ Charges that exceed the amount that the carrier considers reasonable and customary (or allowed charges) for the non-network covered services.

#### **Allowed Charges**

Carriers will not cover or pay for charges associated with services or supplies that:

- ☑ are excluded under the terms of the health benefits plan;
- we exceed limits set forth for the services or supplies in the health benefits plan; or
- ☑ are not considered medically necessary and appropriate by the carrier. (Remember, the covered person may appeal the determination.)

If a health care service or supply is excluded or exceeds the limitations under the health benefits plan, the covered person is responsible for the charges related to the health care service.

The carrier will issue the covered person an explanation of benefits (EOB) indicating whether costs for services and supplies are the responsibility of the covered person when the carrier determines the health care services or supplies are not medically necessary and appropriate. An individual may appeal the carrier's medical necessity determination.

In addition, a carrier will only pay for what the carrier determines are reasonable costs for the covered services. Carriers and in-network health care providers come to an agreement on reasonable compensation for health care services as part of the contract between them. Health care providers that are not in a carrier's network may charge fees as they see fit for the services they provide. However, carriers may only pay what they consider to be a "reasonable and customary" charge for the services. Currently, the SEH Program requires carriers to use the 80th percentile of the Prevailing Healthcare Charges Schedule (PHCS), for charges billed using the Current Procedural Terminology (CPT) codes developed and owned by the American Medical Association.

In New Jersey, under the terms of the contract between the carrier and **in-network** health care providers, health care providers may not try to collect from a carrier's covered person charges that are more than the fees agreed to between the carrier and the health care provider. However, a **non-network** health care provider may bill charges in excess of the 80th percentile of the PHCS. The carrier will determine its payment using the 80th percentile of the PHCS, and the covered person is responsible for any amounts that exceed the 80th percentile of the PHCS.

#### **Obtaining and Renewing Coverage**

After reviewing this Buyers' Guide, review the list of participating carriers and the premium information. Contact the carriers offering coverage in the small group market for specific plan information, or a licensed insurance producer (agent or broker), who can help you evaluate choices for your group's needs. Note: not all carriers use agents or brokers, and no agent or broker offers information about *all* carriers. Review the materials you receive from the carrier(s) or agent(s) and select the carrier and health benefits plan that best meets your group's needs. Obtain a price quote from the carrier or its agent before making any decisions. A carrier should provide a price quote within 10 business days after you give the carrier all necessary information.

Complete the selected carrier's application form. Carriers' forms may look differently, but the information requested is standardized. Submit completed employee enrollment forms (sometimes called the HINT form) and any waiver forms with the initial application, if required. Employee enrollment forms are also standard from one carrier to another. Send your completed application, completed employee enrollment forms and/or waivers, and the required premium (typically, one month of premium) to the carrier. Carriers should approve or deny an employer's application within 15 business days after receiving it. If approved, the group's effective date of

coverage will be no later than the first of the month following the date of notice of approval, unless **you** request a later effective date.

The carrier will issue ID cards to covered employees (and dependents, if appropriate) as proof of the group coverage. Remember to inform the carrier or its agent as employees' circumstances change. Note: you may request an orientation period of one month and/or a waiting period of up to 90 days for employees to be considered eligible for enrollment.

Every year thereafter, in order to renew your coverage, the carrier will ask you to verify:

- ☑ Whether you still meet the definition of a small employer;
- Whether your group continues to meet employee participation requirements; and
- Whether your group continues to meet employer contribution requirements.

At the time of initial application and upon annual renewal, the carrier may require documentation verifying an employee's employment status. If you fail to meet the requirements to keep your coverage in effect, or if you fail to return the employer certification, then the policy will not be renewed. However, if a small employer fails to meet the participation or contribution requirements, the small employer may apply during the Employer Open Enrollment Period as discussed earlier.

#### **Questions on Eligibility**

#### 1. How does the two-part definition of Small Employer work?

An employer only needs to qualify under one of the two parts. Because part one is a little more straight-forward than part two, we suggest that employers first consider part one of the definition. This means we need to determine if the employees qualify as an eligible employee. If the employer has at least one but not more than 50 eligible employees, the employer is a small employer and there is no need to even look at part two of the definition. If an employer does not qualify under part one of the definition, check to see if the employer qualifies under part two of the definition which requires counting of employees using a specific formula.

A couple of examples might help.

**Example A** "Mike's Bike Shop" Mike is the owner and has one employee who works 27 hours per week, another employee who works 29 hours per week and a third who works 10 hours per week. These employees worked for Mike's Bike Shop on business days in the preceding calendar year and all earn at least the minimum wage.

First we consider part one of the definition which means we need to determine if the employees qualify as eligible employees. The employees working 27 and 29 hours per week satisfy the requirement of working 25 or more hours per week and they earn at least minimum wage. These two employees are eligible employees. The employee working 10 hours per week is not an eligible employee.

Mike's Bike Shop is a Small Employer using part one of the definition.

**Example B** "Sara's Sandwich Shop" Sara and her husband Paul are the owners and they have 7 employees who work 20 hours per week. These employees worked for Sara's Sandwich Shop on business days in the preceding calendar year and all earn at least the minimum wage.

First we consider part one of the definition which means we need to determine if the employees qualify as eligible employees. None of the employees work at least 25 hours per week therefore there are no eligible employees. Sara's Sandwich Shop is <u>not</u> a Small Employer using part one of the definition.

Next we consider part two of the definition which means we need to calculate the number of employees. There are 7 employees working 20 hours per week (they are part-time employees) which means a total of 140 hours per week (20+20+20+20+20+20). Next we multiply 140 by 4 and the product is 560. Next divide 560 by 120. The result is 4.66666 which we round down to the nearest whole number 4. Using the employee calculation, Sara's Sandwich Shop has 4 employees.

Sara's Sandwich Shop is a Small Employer using part two of the definition.

#### 2. How is "eligible employee" determined?

When counting eligible employees, first identify all bona-fide employees who work a normal work week of 25 hours or more. A bona-fide employee is an employee who is paid at least the minimum wage. Each such employee counts as one. From the total number of employees working 25 or more hours per week subtract the number of employees who work 25 or more

hours per week on a temporary or substitute basis. Also subtract any employees working 25 or more hours per week that belong to a labor union and are covered under the plan provided by the labor union. If the result is at least one but not more than 50, the employer is a small employer under part one of the definition of small employer.

An Example might help.

"Plumbing Plus" is owned by Paul, Ralph and Mark who have six full-time plumbers and three office staff. The nine employees working for Plumbing Plus are paid at least minimum wage and work 30 hours per week.

There are nine employees working 25 or more hours per week.

One member of the office staff is a temporary employee brought in to do year end accounting for two months.

The six plumbers belong to the Plumber's Union and get health benefits from the labor union.

9 employees - 1 temporary employee - 6 union employees = 2 eligible employees

# 3. If some of my employees work outside of New Jersey does that change the way eligible employee is determined and whether I am a small employer that can buy coverage under the SEH Program?

Where your employees live and work would not affect whether or not the business is a small employer. There is no difference in determining who is and is not an eligible employee based on an employees' work location(s). However, where they live or work may mean they are outside the service area meaning they could not be covered under your small employer plan. Remember that eligible employees and dependents can only be covered if they live, work or reside in the service area of the plan.

An example might help.

Craig's Computers is located in New Jersey. Craig, the owner, works at the New Jersey store. Craig has five employees who work from their homes in Pennsylvania and Delaware. They each work 40 hours per week and each are paid well above the minimum wage.

Is Craig's Computers a small employer? Yes since Craig employ 5 eligible employees. If Craig applies for a small employer plan can those eligible employees be covered under the small employer plan? It depends. If Craig shops carefully to find a plan that includes Pennsylvania and Delaware in the service area then the employees working in Pennsylvania and Delaware would be eligible to be covered under the plan Craig buys. If Craig buys a small employer plan with a service area of New Jersey, the employees would not be eligible to be covered.

#### 4. Does the Service Area have to be the whole state of New Jersey?

Although it is common for carriers to offer plans where the service area is the entire state of New Jersey, carriers may offer plans where the service area is limited to specified counties within New Jersey. It is also possible that carriers may offer plans where the service area is broader than the state of New Jersey. Ask the carrier to define the service area for the plan you are considering.

#### 5. How is "temporary" or seasonal employee defined?

The SEH Program Act does not define what constitutes "temporary" or seasonal, and the SEH Board has not defined the terms by regulation. Carriers establish criteria for who is considered a temporary or seasonal employee, and so the standards may differ slightly from one carrier to another. An employer or a broker should consult with a carrier on this issue.

## 6. If I own multiple businesses, do I count my employees for all businesses together, or separately?

Whenever there are affiliated businesses, the first determination that must be made is whether the businesses are treated as a single employer under subsections (b), (c), (m) or (o) of section 414 of the Internal Revenue Code of 1986 (26 U.S.C. §414). The employer will need to obtain a statement from a tax accountant or a tax attorney specifying whether or not the affiliated companies are a single employer for tax purposes. If the affiliated companies are considered a single employer under the federal tax code, then the combined employment base is considered in the analysis of whether the affiliated companies are a small employer. If the affiliated companies are considered to be separate employers under the federal tax code, then the analysis of whether a small employer exists is performed separately for each company.

#### 7. Does the law require that I provide health benefits for my employees?

No, the law does not require any employer to provide coverage to employees. However, if you provide small group health coverage, you must comply with the requirements of the law.

## 8. May a self-employed husband and wife with no other people working in the business obtain group coverage under the small employer health benefits program?

No, a business with only husband and wife does not qualify under the new federal law requirements.

# 9. May a self-employed husband and wife with a full-time employee working in the business obtain group coverage under the small employer health benefits program? If yes, who can be covered?

If the full-time employee is an eligible employee the business would qualify as a small employer under part one of the small employer definition and could buy small employer coverage assuming the employer satisfies the participation and contribution requirements. In that case, the husband, the wife and the employee are eligible to be covered.

#### 10. What if my business didn't have employees in the previous calendar year?

If the business is in its first year of operation, and so had no employees in the prior calendar year, the employer does not have to wait a whole year to purchase coverage. Instead, the number of eligible employees will be based on the average number of eligible employees the business is *reasonably* expected to employ on business days in the current calendar year **and** the employer must have at least one eligible employee on the effective date of coverage.

If the business is not in its first year of operation, but is just now hiring one or more additional eligible employees, then the carrier will consider the prior calendar year employment average. Such a business will not meet the definition of a small employer unless there was at least one employee on business days in the preceding calendar year.

#### 11. If I decide to offer coverage, must I offer it to all employees?

No. You may elect to offer coverage to one *class* of employee and not another *class*. However, distinctions in classes of employees must be based on *bona fide* conditions pertaining to employment, such as job title, length of service, hours worked, salary, etc. Even if you decide to offer coverage to a class of employees, you still must meet the small group participation requirements based on the *total number of eligible employees*, not just the class of employees to which you offer coverage.

#### 12. May a small employer provide coverage to independent contractors?

No, they are not employees. They may choose to pursue individual coverage.

## 13. May a small employer voluntarily elect to provide coverage to employees who work fewer than 25 hours per week?

No, they are not eligible employees. They may choose to pursue individual coverage.

## 14. If I offer my employees a health benefits plan, must coverage become effective immediately?

It can, if that is what you elected for your employees. For example, if an employee begins work on June 1, the employer plan may provide that the coverage is effective as of June 1.

If you elected to apply an orientation period, or a waiting period, or both, the coverage would not begin immediately.

Some examples may help. The examples will use the new employee begins work on June 1.

If the employer plan applies an **orientation period**, the orientation period would run from June 1 – June 30. (to count one month, add one calendar month and subtract one calendar day – so June 1 plus one month is July 1, then subtract one calendar day to get June 30) If the employer plan applies an orientation period but not a waiting period and the new employee satisfactorily completes the orientation period, the coverage would be effective July 1.

If the employer plan applies an **orientation period** and a **waiting period**, the orientation period would run from June 1 – June 30 and the waiting period would begin the day after the orientation period ends, or July 1. Assume the employer plan has a waiting period of 60 days, with coverage effective on the 1<sup>st</sup> of the month following the 60-day waiting period. The 60-day waiting period would begin July 1 and run for 60 days and thus end on August 29. Coverage would take effect September 1 which is the 1<sup>st</sup> of the month following the 60-day waiting period.

If an employer applies a **waiting period** but not an orientation period the waiting period would run from June 1. Assume the employer plan has a waiting period of 60 days, with coverage effective on the  $1^{st}$  of the month following the 60-day waiting period. The waiting period runs from June 1 – July 30. Coverage would take effect August 1 which is the  $1^{st}$  of the month following the 60-day waiting period.

## 15. May I impose an orientation period and/or a waiting period that is different for some employees?

If the employer elects an orientation period it must be one month. The employer could apply the orientation period to some classes of employees but not others provided the differing treatment of employees is based on class distinctions established on *bona fide* conditions of employment, such as hours worked, salary, title, etc.

. The employer may elect a waiting period provided the duration does not exceed 90 days. The employer could provide for different waiting periods provided the differing treatment of employees is based on class distinctions established on *bona fide* conditions of employment, such as hours worked, salary, title, etc.

## 16. May a carrier require that a certain number of my employees "participate" if I offer a health benefits plan?

Carriers are permitted to impose a participation requirement. However, the SEH Program Act does not permit carriers to require more than a 75% participation requirement. In addition, carriers are required by law to credit towards the 75% participation requirement all eligible employees that have certain other health coverage: Medicare, Medicaid or NJ FamilyCare, coverage as an employee through another employer's group health plan, or coverage under any group health plan as a dependent and Tricare. Carriers are not required to count the employer's employees covered under another carrier's policy offered by the employer. Note that even if an employer pays 100% of the cost of coverage, a carrier cannot require greater than 75% participation.

Remember that the 75% participation requirement is waived during the Employer Open Enrollment Period.

#### 17. If I offer my employees coverage, do I have to contribute to the premium?

You must contribute at least 10% of the total group's premium; of course, you can choose to contribute up to 100%. You are not required to contribute a specific percentage of each employee's premium, but can choose to vary contributions by *class* of employee, so long as your total contribution is 10% of the group's premium. Distinctions in classes of employees must be based on conditions pertaining to employment, such as job title, length of service, or salary.

Note that the 10% contribution requirement is waived during the Employer Open Enrollment Period.

#### 18. If I offer coverage to my employees, do I have to permit coverage of dependents?

No. But if you permit one employee within a class to cover dependents, then you must permit all employees within that class to cover dependents. Distinctions in classes of employees must be based on *bona fide* conditions pertaining to employment, such as job title, length of service, salary, etc.

## 19. If I permit my employees to cover dependents, do I have to contribute to the premium for dependents?

No. While you are required to contribute 10% of the total premium for your covered employees, you do not necessarily have to contribute to the premium related to dependent coverage. Because the dependent premium is part of the total premium, if you contribute nothing towards dependent coverage, you'll need to contribute more than 10% of the employee cost in order to satisfy the requirement to contribute at least 10% of the total premium. Of course, if you elect to contribute to the dependent premium, you may choose to contribute any amount you wish, by class of employee.

## 20. If I contribute to a health savings account for my employees, does that amount count towards the required contribution for the health benefits plan?

No.

#### 21. May I change my contribution levels?

Yes. However, you may not contribute less than 10% of the group premium. Further, the change can only be made if the current plan has been in force at least 12 months. Pursuant to federal law, if you elect to change your contribution levels, the change creates a special enrollment period for your employees. This allows employees who may have previously declined coverage to enroll, and allows enrolled employees to terminate their enrollment or to change to an alternate coverage option if your group has more than one option available.

#### 22. Does my group have to continue to meet eligibility requirements?

Yes, on an annual basis. Once a year – several months prior to the anniversary date of your policy – you will have to complete an employer certification regarding your group's census, and verify that contribution and participation requirements continue to be met.

## 23. What happens to my group's coverage if the number of my eligible employees eventually exceeds 50?

If your business grows to more than 50 eligible employees, you may become ineligible to purchase or amend small employer coverage, but not right away, because eligibility is based on average employment activity in the prior calendar year. So, even if you have 55 eligible employees today, the carrier will look at the number of eligible employees you had during the prior calendar year.

Once the number of eligible employees *during the prior calendar year* exceeds 50, an employer is no longer a small employer. If such an employer wishes to remain covered under the plan(s) purchased while the employer was a small employer, the employer may renew the previously purchased small employer plan(s) without any changes. However, the rates charged may no longer be the carrier's SEH market rates. The carrier will refuse any application to make a change to the plan(s) in any way, no matter how minor, because the employer completing the application is no longer a small employer. Instead, the employer may apply for plans the carrier makes available to large employers.

## 24. What happens to my group's coverage if the number of my eligible employees eventually falls below one?

Annually upon renewal, you must show that you have at least one eligible employee or your SEH policy will be non-renewed. If less than one employee remains (for example, only the owner remains), coverage may be obtained in the individual market.

#### **Questions on Enrollment**

## 1. Do I have to wait until the Employer Open Enrollment period to buy a new policy for my employees?

No, there are no restrictions on when a small employer may buy group coverage provided you satisfy the participation and contribution requirements.

#### 2. What are late enrollees?

Generally, a late enrollee is someone who declined coverage when he or she was first eligible to enroll, and then seeks to enroll at a later date.

#### 3. How long does a late enrollee have to wait to enroll?

It depends. A late enrollee can enroll during the employee annual enrollment period which is defined by the employer and is generally a month or two before the employer's anniversary date. So, how long a late enrollee may have to wait depends on the timing of the employee open enrollment period relative to when the late enrollee decides he or she wants to enroll. A late enrollee can also enroll if he or she experiences a triggering event. The timing for enrollment depends on what the triggering event is.

#### 4. Who is considered an eligible dependent?

An eligible dependent includes a spouse, a civil union partner, and an employee's child through birth, marriage, civil union, adoption or placement for adoption. A domestic partner and his or her children may be considered dependents for purposes of coverage under a health benefits plan, at the option of the employer. When children are covered, they are covered up to a specified **limiting age**, which is at least to age 26 years old. "Over-age" children – those who have attained the limiting age, but who are not yet 31 years old – are also eligible to be covered through a continuation law referred to as "Dependent Under 31."

#### 5. Do I have to offer a continuation option?

Yes, you must offer a continuation option to employees and their qualified beneficiaries upon the occurrence of qualifying events. If you have 20 or more employees, you are required to offer a continuation election option in accordance with the federal law referred to as <u>COBRA</u> as well as the New Jersey State Group Continuation (NJSGC) law. If you have fewer than 20 employees, you are required to offer a continuation election option in accordance with the NJSGC law only, because <u>COBRA</u> does not apply to employers with fewer than 20 employees.

6. Do I have to contribute to an employee's premium in the event he or she elects continuation if I was contributing to premium when he was covered as a regular group member?

Not generally. However, an employer subject to the requirements of the Family Medical Leave Act has to contribute to the premium related to an individual with continuing coverage when the employee is not working because of use of leave under the <u>Family Medical Leave Act</u>.

### 7. What is the duration of the election period for an employee or dependent to make a continuation election?

<u>COBRA</u> permits an employee or dependent, as appropriate, to make an election within 60 days following notice of the opportunity to continue coverage. NJSGC permits an employee or dependent to make an election within 30 days following the occurrence of a qualifying event (loss of coverage).

#### 8. Can dental coverage be continued?

<u>COBRA</u> permits continuation of dental benefits. Pediatric dental benefits can be continued under the NJSGC law if the pediatric dental benefits are embedded within the medical plan. If the pediatric dental benefits are purchased and issued separately such benefits are not subject to NJSGC.

## 9. Is the coverage under COBRA and NJSGC really the same coverage the person had when the person was covered as an active employee?

The list of services and supplies that are covered will be the same unless the employer makes a change to the plan. Coverage under COBRA and NJSGC is treated differently than active coverage whenever coordination of benefits is involved. This is particularly true with respect to coordination with Medicare.

An example may help.

Larry's Lighting has 25 employees and is subject to COBRA. Laura and her husband Len have been covered under the plan. Len is 66 years old and has Medicare Part A but not Part B because he has been getting benefits through his wife's group plan and that plan is primary. Laura retires and elects COBRA for herself and her husband. Laura notices no difference – but Len will unless he enrolls for Medicare Part B. When the coverage changes to COBRA the employer plan will no longer be primary. Medicare becomes primary. Len needs to enroll for Part B.

#### **Questions on Rates and Plans**

#### 1. How does a carrier determine the premium for my group?

Carriers determine a group's rates based on the plan of benefits selected and the characteristics of the group. Carriers can only consider the ages of the people to be covered and the location of the business in New Jersey in determining the premium. Carriers may not consider the health status, nature of business, or past claims experience of a group in determining premium.

#### 2. Are rates guaranteed for a specific period of time?

The SEH Program Act does not require that carriers guarantee their rates for any period of time. However, most carriers do. Ask the carrier or your broker or agent if rates are guaranteed and for how long.

#### 3. How long should I expect to wait for a price quote?

In practice, price quotes are run immediately, so you should not have to wait. (Technically, a carrier has up to 10 business days to provide you with a price quote after you have given the carrier all the information the carrier needs to develop the quote.)

## 4. If one or more of my employees incurs significant claims, can a carrier cancel the coverage or refuse to renew it?

No, a carrier may not terminate a small group's coverage based upon the claims experience of the group or specific members of the group. Small employer coverage is guaranteed renewable at the option of the employer, except when: the employer fails to pay the premium, the employer fails to provide the completed Employer Certification; the employer has acted fraudulently with respect to the coverage; the carrier has elected to withdraw from the small employer market entirely; the employer no longer meets the definition of a small employer; or, the group no longer meets participation or contribution requirements.

## 5. If one of my employees incurs significant claims, can a carrier refuse to continue covering that employee?

No. Carriers cannot refuse to renew coverage for any member of a small employer group because of claims experience or health status-related factors.

## 6. If one or more of my employees incurs significant claims, should I expect to see a significant increase in rates because of it?

Not necessarily. Because of how rates are developed, your group's specific premium is not directly related to your group's specific claims. The law requires carriers to community rate health benefits plans, which means that the carriers blend the experience of all groups that purchase a health benefits plan to develop a community rate. The rate is then modified by group to take into consideration specific group characteristics as permitted by the law. Although the experience of your group will have an impact on the rate for the health benefits plan for your carrier, it will be blended with the experience of all other groups purchasing the same health benefits plan, and will not be tied directly to your premium.

#### 7. What can I do if I am unhappy with the rates being charged by my current carrier?

You have several options. You are not required to stay with a specific health benefits plan indefinitely. You may have an option to change some of the cost-sharing requirements of your current health benefits plan, or add or remove coverage riders. You also may be able to switch to a lower cost plan offered by your current carrier. In addition, you may be able to switch to another carrier offering the same health benefits plan at lower rates. But note: changes in health benefits plans are not entirely unrestricted. Carriers are not required to honor *any* requests for plan changes unless the existing plan has been in effect for at least 12 months.

#### 8. How do deductibles work?

Deductibles are the amount of allowed charges for which the covered person is responsible before the carrier agrees to pay anything towards covered charges. Preventive care services are an exception. No deductible applies to preventive care services. So, for instance, if a person has a policy with a \$2000 deductible, until the covered person pays \$2000 in allowed charges for covered services, other than preventive care, the covered person is not entitled to have any of the charges reimbursed by the carrier.

## 9. How does coinsurance work, and what are the coinsurance requirements for the standard health benefits plans?

"Coinsurance" is a term used to express the promise by the carrier to share, on a percentage basis, payment for allowed charges for covered health care services with the covered person. The standard small employer Plans B through E have specified coinsurance requirements, but the actual coinsurance amount may vary depending on whether the plan is offered with or without a network feature. When the standard plans are offered with a network feature then the coinsurance percentages in-network and out-of-network may differ for in-network and out-of-network benefits, each ranging from 50% to 100%. For the HMO Plan, when coinsurance applies (and it only applies when copayments do not apply to a covered service), the carrier may offer the plan with a coinsurance specified within a range of 50% to 100%.

#### 10. What is the Maximum Out-Of-Pocket (MOOP) amount and how does it work?

The MOOP is the maximum amount of allowed charges for covered services that a covered person/family is obligated to pay before the carrier agrees to pay for **all** of the allowed charges for covered health care services for the rest of the calendar year. For the standard health benefits plans, allowed charges the covered person pays towards the deductible, coinsurance and copayments accumulate to satisfy the MOOP.

#### 11. Are there any charges that do not count towards satisfaction of the MOOP amount?

Yes, some charges may not count towards satisfaction of the MOOP.

Charges for health care services that are not covered under the health benefits plan do not count towards the MOOP amount. In addition, charges for covered health care services that *exceed* the allowed amount – as determined by the carrier – are not counted toward the MOOP amount.

#### 12. What does "allowed charges" refer to?

"Allowed charges" refers to either the charges billed by the health care provider or the amount of billed charges that a carrier considers eligible and covered under the health benefits plan, whichever amount is less. "Allowed charges" may also refer to the negotiated rate of payment. The amount of charges that a health care provider bills for his or her services, and the carrier's allowed charges may not be the same – sometimes the provider bills more than allowed charge, and sometimes the provider bills less. When determining amounts due to the provider subject to a coinsurance percentage, the carrier bases what it pays on either the allowed charges or the provider's billed charges, whichever amount is less. When there is a negotiated rate of payment, the provider's bill

may reflect the negotiated rate, or it may be in excess of the negotiated rate, but the carrier will only pay the negotiated rate.

Example: A physician bills a covered health care service at \$1,000. The carrier determines the allowed charges to be \$800. If the carrier is paying 80% of the allowed charges, then the carrier will pay \$640 (\$800 x .80 = \$640). The covered person would pay 20% of the allowed charge, or \$160. If the health care provider is an out-of-network physician, the covered person is also responsible for the remaining \$200 "excess" charge between what the provider billed and the allowed charges.

#### 13. What's an in-network benefit versus an out-of-network benefit?

The in-network benefits are the benefits (reimbursement or monetary value) a covered person is entitled to when he or she receives covered services through an in-network health care provider. The out-of-network benefits are the benefits a covered person is entitled to when he or she receives covered services through an out-of-network health care provider. Because health care providers in a carrier's network have agreed with the carrier to a negotiated rate of payment, and have agreed not to collect charges in excess of the negotiated rate of payment from the carrier's covered persons, in-network benefits are almost always greater than out-of-network benefits for the covered person. When a covered person chooses to receive covered services outside of the carrier's network, the covered person is responsible for any charges that the health care provider may bill that exceed what the carrier considers to be reasonable and customary, and these excess charges do not count toward satisfying any deductible or maximum out-of-pocket (MOOP) requirements in the standard health benefits plan.

#### 14. Is there a grace period for paying premiums?

Yes. If premiums are paid within 31 days following the premium due date, the policy will remain in effect. If an employer does not pay premiums by the end of the grace period, the coverage will lapse. To avoid potential problems and misunderstandings, it is always advisable to submit premiums by the due date.

Premiums continue to be owed while coverage is in effect. If a policy lapses at the end of a grace period, the employer remains liable for the premium for the period coverage was in effect.

## 15. After I have purchased a small employer health benefits plan, may a carrier continue to require me to complete forms?

Yes. The carrier will require you to fill out an Employer Certification form once per year in order to determine the number of employees and your participation rate. Failure to provide this information will result in non-renewal of coverage.

#### 16. What is "self-insurance" and "stop loss" or "excess risk" insurance?

Some employers, especially large employers, opt to provide health coverage to their employees through a self-funded arrangement. Under such an arrangement, the employer is liable for expenses for the health coverage offered to the employees. Most employers that self-fund elect to purchase "stop-loss" or "excess risk" insurance for some portion of their potential liability from claims under the contract for health coverage. Stop loss and excess risk insurance is designed to reimburse the self-funded arrangement for

catastrophic, excess or unexpected claims expenses. Carriers may not legally offer stop loss or excess risk policies to small employers with "attachment points" of less than \$20,000 per person per plan year and 125% of expected claims per plan year. The attachment point is the line of demarcation between the employer's liability and the carrier's liability. That is, a stop loss policy with an attachment point of \$20,000 per person and 125% of expected claims per plan year means that the employer is responsible for at least \$20,000 per person and 125% of expected claims for the group per plan year before the carrier pays any of the health care expenses incurred by group members. Please note that employees covered under an employer's self-funded plan do not count when determining whether an employer has met participation requirements for SEH plans.

## 17. What is the impact on a small employer group when a full-time employee turns age 65 and becomes eligible for Medicare?

Eligibility for <u>Medicare</u> does not preclude eligibility for coverage under the employer plan. Thus, the employee may be covered under both Medicare and the group plan. On the other hand, if the employee prefers to be covered only under Medicare, that decision will not have a negative impact on the group participation requirements. Carriers are required to count eligible employees covered under Medicare towards the participation requirement.

If the employee is covered under both Medicare and the group plan, there will be coordination of benefits between the plans. There are federal rules to determine which plan pays first and which plan pays second. The purpose of coordination of benefits is to allow a person to claim benefits from both Medicare and the employer plan, with the primary carrier paying benefits as if there were no other coverage, and the secondary carrier paying up to the difference between what the primary carrier paid and the amount of the allowable charge.

#### 18. How do I go about terminating a policy?

If you wish to terminate a policy, whether you are canceling it sometime during the plan year, or electing not to renew the policy upon its anniversary, you should give affirmative notice of your intentions to the carrier or the carrier's agent. Remember, small employer health benefits plans are issued for a term of one year (12 consecutive months), and are guaranteed renewable by the employer. Upon submission of the Employer Certification, the carrier will renew the policy of an eligible small employer for another term unless you advise that you do not want to renew it.

You may cancel a policy before the end of the 12-month period. Although a carrier cannot require that an employer provide advance notice of an intention to terminate a policy, a carrier is only required to honor prospective termination requests, not retroactive termination requests. If you make a prospective request to terminate the policy, the carrier will terminate the policy as of the date you specify. You are liable for payment of premiums for the period of time during which the contract remains in force, but the carrier will refund any premiums you have already paid for time periods exceeding the date of termination.

With respect to requests for retroactive termination, the carrier will terminate your policy on the date the carrier receives the notice, and refund premium for any remaining days. So, if you pay a month of premium on April 1st, and then on April 25th send notice to the carrier to terminate the policy as of April 15th, the carrier is only obligated to terminate the policy as of April 25th, not April 15th. The carrier would be required to refund 5 days' worth of premium, not 15 days of premium.